-le-CASTEL

819 375 4921 Poste 3

castel@le-castel.ca



Sandwich lunch boxes include: Salad, homemade chips, cheese, nuts, fresh food and dessert

Salad include: homemade chips, cheese, nuts, fresh food and dessert

Poke include: Dessert

Plaisir et bon goût

LUNCH BOX MENU

Sandwich 20\$

BRAISED MAPLE SYRUP HAM WRAP

Grilled pineapples, maple syrup mayo, salad, carrots, cucumbers, pickled red onions

CIABATTA SMOKED TURKEY AND CRANBERRIES

BBQ mayo, cranberry jam, salad, dried tomatos, and roasted red peppers

TUNA BAGUETTE À LA NICOISE

Tuna salad, spiced mayo, black olives, hard boiled eggs, tomatoes, salad, cucumbers and swiss cheese

NAAN BREAD GRILLED CHICKEN

Mayo, swiss cheese, salad, carrots, cucumbers and pickled zuccini

SMOKED SALMON WRAP

Lemon mayo, salad, cucumbers, green apples

Tartare of the moment 35\$

TARTARE

Croutons, chips, salad and tobasco

Salad 20\$ / Poke 25\$

SMOKED SALMON

Castel vinaigrette, mango, tamari almonds, pickled red onions, tomatoes, cucumbers carrots and crispy croutons

PINEAPPLE AND GRILLED CHICKEN

Bacon, grilled pineapple, cashew nuts, honey and ginger vinaigrette

GINGER SHRIMP

Spicy shrimp, carrots, tomatoes, cucumbers, green beans, corn, roasted peppers, mandarines, citrus vinaigrette

GENERAL VEGGIE

Edamames, carottes, cucumbers, green beans, red peppers, tomatoes, pickled red onions, cheddar, peanuts and Castel vinaigrette